

Zero-Based Budgeting

Money

Giving every unit of income a job, so nothing leaks unaccounted for.

An alternative to percentage budgeting, better suited to variable income.

1

Start with last month's income

Budget money you already have, not money you expect.

2

List every fixed cost

Housing, utilities, insurance, minimum debt payments.

3

Allocate to goals next

Savings and extra debt repayment, before discretionary spending.

4

Assign the rest

Food, transport, fun. Every remaining unit gets a category.

5

Reach zero

Not zero in the bank — zero unallocated.

WHEN SOMETHING OVERRUNS

Move money between categories deliberately

Do not simply overspend

The reallocation is the discipline

General education, not financial advice. This suits irregular income better than fixed percentage rules.