

Pressure Injuries

Nursing

How the categories are graded, and the five-part prevention bundle behind SSKIN.

Categories describe depth of tissue loss. Prevention is what actually changes outcomes.

Category	What is seen
1	Intact skin, non-blanching redness
2	Partial thickness loss, shallow open area
3	Full thickness, fat visible, no bone or tendon
4	Full thickness, bone, tendon or muscle exposed
Unstageable	Base obscured by slough or eschar
Deep tissue injury	Persistent non-blanching deep discoloration

Educational reference. SSKIN: Surface · Skin inspection · Keep moving · Incontinence care · Nutrition. Local staging tools and schedules govern.