

Putting On & Taking Off PPE

Nursing

Two orders, not mirror images — doffing is where contamination happens.

Donning — clean to dirty

- Hand hygiene
- Gown, tied at neck and waist
- Mask or respirator, fit checked
- Eye protection or face shield
- Gloves, over the gown cuffs

Doffing — dirty to clean

- Gloves, glove-to-glove then skin-to-skin
- Hand hygiene
- Gown, rolled away from the body
- Eye protection, handled by the strap
- Mask by the ties, then hand hygiene again

THE DIFFERENCE THAT MATTERS

Touch only the inside of anything you remove, and clean your hands whenever a barrier is breached.

Educational reference. Sequences differ between guidelines and PPE types. Follow the order taught and posted in your own setting.