

Planting for Pollinators

Practical skills

What actually helps bees and butterflies, and what does not.

Aim for something in flower from early spring to late autumn.

Spring

Crocus

Pulmonaria

Willow catkins

Fruit blossom

Summer

Lavender

Borage

Foxglove

Echinacea

Wild marjoram

Autumn

Sedum

Verbena bonariensis

Ivy — a vital late source

Michaelmas daisy

Also

Leave some grass long

Avoid pesticides

A shallow water source

Let herbs flower

Double-flowered varieties are bred for petals and usually have no accessible nectar or pollen at all.