

Piaget's Mechanisms

Psychology

How development happens, according to Piaget, between the stages.

The processes driving movement between stages.

Concept	Means
Schema	A mental structure for a concept or action
Assimilation	Fitting new information into an existing schema
Accommodation	Changing the schema to fit new information
Equilibration	Resolving the imbalance between the two
Disequilibrium	The discomfort that drives change

A child calling every four-legged animal 'dog' is assimilating. Learning that some are cats is accommodation.