

The Nursing Process

Nursing

ADPIE — the five-stage cycle every nursing intervention is planned inside.

One cycle. It does not end; evaluation feeds the next assessment.

1 Assess

Gather subjective and objective data from every available source.

2 Diagnose

Name the human response to the problem, not the medical condition.

3 Plan

Set goals that are measurable, patient-centred and time-bound.

4 Implement

Carry out the interventions; record what you did and what followed.

5 Evaluate

Compare outcome against goal, then revise, continue or stop.

Educational reference. Assessment is continuous, not a stage you finish. Follow your programme and local documentation standards.