

# Mending Tears

Practical skills

Choosing a repair method by the type of damage.

*The damage decides the method.*

| Damage                    | Repair                                |
|---------------------------|---------------------------------------|
| <b>Split seam</b>         | Re-sew along the original stitch line |
| <b>Small hole</b>         | Darn, or fusible patch behind         |
| <b>Large hole</b>         | Patch, sewn or ironed                 |
| <b>Straight tear</b>      | Ladder stitch, or patch behind        |
| <b>Worn knee or elbow</b> | Patch behind, then visible mending    |
| <b>Frayed hem</b>         | Re-hem, shortening slightly           |
| <b>Knitwear hole</b>      | Swiss darning, matching yarn          |

Visible mending — sashiko, contrast darning — is stronger than an invisible repair and does not need matching thread.