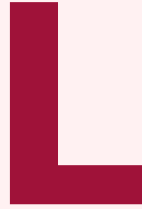


Left and Right

Kindergarten

The trick that settles it forever, plus where it actually matters.



your left hand makes an L



left hand

THE TRICK

Hold both hands out flat, palms facing away.
Thumb and finger make an L on the LEFT hand only.

WHERE IT MATTERS

Which shoe goes on which foot
Reading — always start on the left
Crossing a road · following directions

PRACTISE IT

"Hop on your left foot. Now wave your right hand."

Most people take years to stop checking. Checking is fine — the trick always works.