

Interval Ear Training

Music

A method for learning to name intervals by ear, not just a list of songs.

Roughly fifteen minutes a day, over weeks rather than days.

1

Start with three

Octave, perfect fifth, major third. Nothing else until those are automatic.

2

Attach a song to each

Your own reference tune, not a borrowed list. It must be one you actually know.

3

Add one interval a week

Fourth, then major sixth, then minor third, then the sevenths.

4

Practise descending separately

A falling minor sixth is a different skill from a rising one.

5

Move to context

Name intervals inside real melodies, not isolated pairs.

THE HARDEST PAIRS

Perfect 4th vs perfect 5th

Major 6th vs minor 7th

Tritone vs perfect 4th

Sing the interval before naming it. Producing it is what fixes it in memory.