

Cleaning Schedule

Practical skills

What needs doing how often, so nothing accumulates.

A workable domestic rhythm.

Frequency	Tasks
Daily	Dishes, wipe surfaces, tidy
Weekly	Vacuum, mop, bathrooms, change bedding
Fortnightly	Dust properly, clean mirrors, inside the microwave
Monthly	Fridge, oven, skirting, door handles
Quarterly	Windows, curtains, under furniture, filters
Annually	Descale, gutters, declutter, service checks

Change pillowcases weekly and pillows every two years. They accumulate more than most people expect.