

Health Screening

Body & health

The checks offered by age, and what each is looking for.

Typical adult screening. Local guidance takes precedence.

Check	Typically from	Looks for
Blood pressure	Adulthood, every few years	Hypertension
Cholesterol	~40	Cardiovascular risk
Diabetes (HbA1c)	~40, or with risk factors	Raised blood glucose
Cervical screening	~25	Pre-cancerous changes
Breast screening	~50	Early breast cancer
Bowel screening	~50–60	Early bowel cancer
Eye test	Every 2 years	Vision, pressure, retina
Dental check	6–24 months	Decay, gum disease

Educational reference only. Screening ages and intervals vary widely; your own health service sets what applies to you.