

Head Injury

Body & health

Which head injuries need immediate assessment, and what to watch for afterwards.

Educational reference. When in doubt, seek medical assessment.

Emergency signs

Any loss of consciousness

Repeated vomiting

Seizure

Clear fluid from nose or ears

Unequal pupils

Increasing confusion or drowsiness

Also assess

Worsening headache

Weakness or numbness

Vision changes

Anyone on blood thinners

Any child under one year

Meanwhile

Keep them still and calm

Apply pressure to bleeding, around any embedded object

Do not give food or drink

Educational reference. Concussion symptoms can appear or worsen over 24–48 hours — arrange for someone to check on them.