

Taking Notes That Work

7th Grade

Three methods, and the rule that beats all of them.

CORNELL METHOD

- Split the page: notes right, cues left
- Summary strip at the bottom
- Cover the notes, quiz from the cues
- Built-in self-testing
- Best for lectures and lessons

MIND MAP

- Topic in the middle, branches out
- Shows how ideas connect
- Colour and images help recall
- Hard to do at speed
- Best for revision and planning

THE DIFFERENCE THAT MATTERS

The method matters far less than what you do afterwards. Notes that are never turned into questions do almost nothing.

Write less, in your own words. Copying verbatim is transcription, not learning.