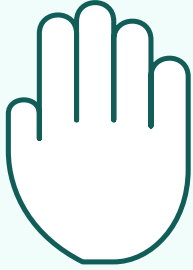


Muscular System

5th Grade

Moves the skeleton.



Moves the skeleton, pumps the heart, and pushes food through the gut.

MAIN PARTS

skeletal muscle, smooth muscle

- There are more than 600 muscles in the body.
- Skeletal muscles are the ones you choose to move.
- Smooth muscle works without you thinking — in the gut and blood vessels.
- Cardiac muscle is only in the heart and never tires.
- Muscles can only pull, never push — so they work in pairs.

LOOK FOR IT

skeletal muscle · smooth muscle · cardiac muscle

Directed by the nervous system, anchored to the skeletal system.