

Figure Proportions

Art & Design

The head-unit canon, and the warning that has to come with any canon.

Measured in head heights. Adult averages, not rules.

Landmark	Heads from the top
Chin	1
Nipple line	2
Navel	3
Crotch, roughly mid-height	4
Fingertips at rest	about 4.5
Knee	5.5
Sole of the foot	7.5

Real adults run about 7.5 heads. The eight-head figure is an illustrator's idealisation, not a measurement.