

Erikson's Stages

Psychology

Eight psychosocial crises across the whole lifespan.

The crisis at each stage, and the virtue from resolving it.

Stage	Crisis	Virtue
Infancy	Trust vs mistrust	Hope
Toddler	Autonomy vs shame	Will
Preschool	Initiative vs guilt	Purpose
School age	Industry vs inferiority	Competence
Adolescence	Identity vs role confusion	Fidelity
Young adult	Intimacy vs isolation	Love
Adulthood	Generativity vs stagnation	Care
Old age	Integrity vs despair	Wisdom

Unlike Piaget, Erikson covers the entire lifespan — which is why it remains widely taught despite weak empirical support.