

Emergency Preparedness

Practical skills

What to have ready for a power cut, flood or evacuation.

Educational reference. Adapt to local risks — flood, storm, earthquake.

Have at home

Torches and spare batteries

Bottled water, 3 litres per person per day

Non-perishable food, 3 days

Battery or wind-up radio

Power bank, charged

First aid kit

Cash in small notes

Know

Where the stopcock, consumer unit and gas valve are

How to turn each off

Your local emergency number

A meeting point outside

Documents

Copies of ID and insurance, stored securely off-site

Emergency contacts written down, not only in a phone

Card payments fail in a power cut. A small amount of cash is worth keeping for exactly that.