Damages

Law

How compensation is calculated for personal injury and loss.

Heads of loss.

Types of loss

Pain, suffering and loss of amenity	Loss of earnings, past and future
Cost of care and equipment	Medical and rehabilitation expenses
Loss of congenial employment	

Adjustments

Reduction for contributory negligence	Deduction of certain benefits received
Discount for accelerated receipt	Duty to mitigate the loss

Educational reference. Future loss involves projecting a lifetime of earnings and care, which is where most disputes concentrate.