

Cultural Safety

Nursing

From learning about cultures to examining power in your own practice.

Practice that recognises power imbalance and is judged safe by the person and community receiving it, not by the clinician.

FOCUS

The clinician

JUDGED BY

The patient

REQUIRES

Self-reflection

- Cultural awareness — noticing that difference exists
- Cultural sensitivity — respecting that difference
- Cultural safety — examining your own power and bias
- The recipient decides whether care was safe
- Unsafe care includes assumption and stereotype
- Use professional interpreters, not family members

LOOK FOR IT

Asking how a person would like to be addressed and what matters to them costs nothing and changes the encounter.

Educational reference. Terminology and legal duties around cultural safety differ by country; local policy and community guidance govern