

Trauma-Informed Process

Criminal Justice

Adjusting process so the system does less avoidable harm.

Principles for how a process is run, not a treatment.

1

Recognise

Assume trauma may affect memory, engagement and behaviour.

2

Explain

Set out what happens next and what the person can choose.

3

Adapt

Adjust pace, setting and questioning to how the person is coping.

4

Refer

Connect to support that does not depend on the case continuing.

5

Review

Revisit needs as the case moves, not only at the outset.

Educational reference. This describes process principles used by services. It is not clinical guidance and not a treatment plan.