

The Pains of Imprisonment

Criminal Justice

Sykes's account of what custody removes beyond liberty itself.

Five deprivations, described in 1958 and still the standard frame.

The deprivations

Liberty: movement and contact restricted

Goods and services: scarcity, dependence

Intimate relationships and family life

Autonomy: decisions taken for you

Security: living among others under strain

Consequences studied

Adaptation and prison social order

Self-harm and suicide risk in custody

Institutionalisation over long sentences

Effects on families and children outside

Difficulty resuming decisions on release

Educational reference. Later work revises the categories for contemporary prisons, but the framework remains standard teaching.