

Tactics Training

Chess

How to practise puzzles so they transfer to real games.

The most effective single training activity below 2000.

1

Calculate to the end

Do not move until you can state the full line and the result.

2

Say the motif out loud

Fork, pin, deflection. Naming it builds recognition.

3

Repeat the ones you fail

Same puzzle a week later. Repetition builds pattern memory.

4

Mix difficulty

Puzzles you always solve teach nothing.

5

Do a few daily

Fifteen minutes a day beats three hours on Sunday.

TWO MODES

Puzzle rush — pattern speed

Slow puzzles — calculation depth

Both are needed, and they train different things

Puzzles with a known solution are easier than games, where nobody tells you a tactic exists. Practise scanning in your own games too.