

Playing Stronger Players

Chess

How to get the most from games you will probably lose.

Losing to stronger opposition is the fastest available improvement, if you review it.

During

Play normally; do not become passive

Do not try tricks

Take your time on critical moves

Assume every move of theirs has a purpose

Afterwards

Ask them where you went wrong

Note the moment it slipped

Look for what they saw that you did not

Mindset

Losing is the mechanism, not the failure

Aim to lose more slowly each time

One good game against a stronger player teaches more than five easy wins

The most useful question afterwards is 'where did I go wrong?' Most stronger players will answer it in detail.