

Car Emergency Kit

Practical skills

What to carry, and the seasonal additions.

Fits in a small box in the boot.

Always

High-visibility vest, one per occupant

Warning triangle

Torch and spare batteries

Jump leads

Tyre inflator or sealant

First aid kit

Phone power bank

Winter

Ice scraper and de-icer

Blanket

Shovel

Warm clothes and boots

Food and water

Documents

Insurance details

Breakdown cover number

A pen and paper for exchanging details

In several European countries, a hi-vis vest and warning triangle are legally required to be carried.