

Bowlby

Psychology

Monotropy, the internal working model, and the critical period claim.

The main claims, and the evidence position on each.

Claims

Attachment is innate and adaptive

Monotropy — one primary attachment

Critical period, roughly 0–2.5 years

Internal working model shapes later relationships

Maternal deprivation causes lasting harm

Evidence

Multiple attachments are common — monotropy is questioned

Sensitive period is more accurate than critical

Continuity of the working model has moderate support

Rutter: privation and deprivation differ

Rutter's distinction matters: deprivation is losing an attachment; privation is never forming one. The outcomes differ substantially.