

Biological Treatments

Psychology

The main classes and what they are used for.

Broad drug classes and their primary uses.

Class	Used for	Acts on
SSRIs	Depression, anxiety, OCD	Serotonin reuptake
SNRIs	Depression, some pain	Serotonin and noradrenaline
Tricyclics	Depression — older	Multiple transmitters
Antipsychotics	Psychosis, bipolar	Dopamine, others
Mood stabilisers	Bipolar	Lithium, anticonvulsants
Benzodiazepines	Short-term anxiety	GABA — dependence risk

Educational reference, not medical advice. Never start, change or stop psychiatric medication without medical supervision.